



# AMATEUR CONTESTANT'S MEDICAL EXAMINATION - PART 1

**TO BE COMPLETED BY A LICENSED MEDICAL DOCTOR ONLY**  
Forms completed by a physician assistant or a nurse practitioner will NOT be accepted

Medical Allergies \_\_\_\_\_  
Are you taking any medication? \_\_ YES \_\_ NO; EXPLAIN \_\_\_\_\_  
Previous Hospitalization(s) or surgery (Give dates) \_\_\_\_\_

Results of the following blood tests must be attached to this application:  
 Hepatitis B surface ANTIGEN  
 Hepatitis C ANTIBODY  
 HIV ANTIBODY

**ALL MEDICAL AND LAB TEST RESULTS MUST BE DATED, SIGNED AND TAKEN NO MORE THAN 6 MONTHS BEFORE THE REGISTRATION IS SUBMITTED.**

**Answer All Questions Below:**

- |                                 |        |   |        |
|---------------------------------|--------|---|--------|
| (A) BLEEDING TENDENCIES         | YES NO | (L) SEIZURES AND CONVULSIONS            | YES NO |
| (B) DIABETES                    | YES NO | (M) ASTHMA                              | YES NO |
| (C) HERNIA                      | YES NO | (N) HIGH BLOOD PRESSURE                 | YES NO |
| (D) HEART DISEASE               | YES NO | (O) TUBERCULOSIS                        | YES NO |
| (E) SICKLE CELL DISEASE         | YES NO | (P) MONONUCLEOSIS                       | YES NO |
| (F) KIDNEY DISEASE              | YES NO | (Q) RHEUMATIC FEVER                     | YES NO |
| (G) HEPATITIS                   | YES NO | (R) COUGH                               | YES NO |
| (H) SKIN DISEASE                | YES NO | (S) PSYCHIATRIC PROBLEMS                | YES NO |
| (I) HEADACHES                   | YES NO | (T) CONTACT LENSES                      | YES NO |
| (J) JOINT INJURY OR DISLOCATION | YES NO | (U) NUMBER OF TIMES KO'D                | _____  |
| (K) CONCUSSION/UNCONSCIOUSNESS  | YES NO | (V) KIDNEY. LUNG. TESTICLE. EYE REMOVED | YES NO |
- (circle all requiring a YES response)

Do you have any other information concerning your health, past or present, which is NOT COVERED by the questions above? \_\_\_\_\_

A PERSON AGE 36 OR OLDER MUST ALSO SUBMIT A FAVORABLE:  
 EEG (Electroencephalography) AND  
 EKG (Electrocardiogram)

EXAMINING MD or DO NAME (Please print) \_\_\_\_\_  
MEDICAL LICENSE # \_\_\_\_\_  
(Must be licensed in a State, District or Territory of the United States)  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_  
MD or DO SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_  
CONTESTANT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CONTESTANT NAME (Please Print) \_\_\_\_\_

## AMATEUR CONTESTANT'S MEDICAL EXAMINATION - PART 2

### EARS

AUDITORY CANALS

RIGHT \_\_\_\_\_

LEFT \_\_\_\_\_

DRUMS

RIGHT \_\_\_\_\_

LEFT \_\_\_\_\_

AUDITORY ACUITY FOR CONVERSATIONAL VOICE

RIGHT \_\_\_\_\_

LEFT \_\_\_\_\_

NOSE (note deformity, old fractures, deviated septum, other)

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### OROPHARYNX

TONSILS \_\_\_\_\_ GUM \_\_\_\_\_ TEETH \_\_\_\_\_

TONGUE (record any deviation or tremors) \_\_\_\_\_

NECK (note masses, pulse, thyroid, carotid, bruits, and limitation of motion)

### THORAX

LUNGS \_\_\_\_\_

HEART (size, murmurs, arrhythmia) \_\_\_\_\_

HEART RATE \_\_\_\_\_ BLOOD PRESSURE (S) \_\_\_\_\_ (D) \_\_\_\_\_

PULSE RATE \_\_\_\_\_ IMMEDIATELY AFTER 20 HOPS \_\_\_\_\_

2 MINUTES AFTER EXERCISE \_\_\_\_\_

### ABDOMEN

NOTE SCARS \_\_\_\_\_

LIVER, KIDNEY, SPLEEN (enlarged, tender) \_\_\_\_\_

INGUINAL AREA (tenderness, hernia) \_\_\_\_\_

SKIN (note staph infection, cyanosis, hair distribution)

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LYMPHATIC SYSTEM \_\_\_\_\_

MUSCULOSKELETAL SPINAL SYSTEM (curvature, posture, tenderness, limitation of motion)

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EXTREMITIES (deformity, tenderness, joint mobility) \_\_\_\_\_

### NEUROLOGICAL

GAIT \_\_\_\_\_ RHOMBERG \_\_\_\_\_

FINGER TO NOSE \_\_\_\_\_ KNEE JERKS \_\_\_\_\_

BICEP JERKS \_\_\_\_\_ BABINSKI \_\_\_\_\_

BRUDZINSKI \_\_\_\_\_ CRANIAL NERVES \_\_\_\_\_

OTHER NEUROLOGICAL ABNORMALITY \_\_\_\_\_

I hereby certify that I have examined \_\_\_\_\_  
(Please print contestant's name)

Date of the exam: \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_  
Month Day Year

I HAVE APPROVED THIS PERSON TO PARTICIPATE IN A COMBATIVE SPORTS EVENT.

MD or DO SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CONTESTANT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CONTESTANT NAME (Please Print) \_\_\_\_\_

**\*\* OPHTHALMOLOGIC MEDICAL EXAM \*\***

**Exam with dilation must be done by an OPHTHALMOLOGIST or OPTOMETRIST**

<b>EXAMINATION (normal – N; abnormal - X)</b>	<b>RIGHT EYE</b>	<b>LEFT EYE</b>
<b>VISUAL ACUITY (WITHOUT CORRECTION)</b>	N _____ F _____	N _____ F _____
<b>EXTERIOR EXAM</b>	_____	_____
<b>ANTERIOR EXAM</b>	_____	_____
<b>FUNDI</b>	_____	_____
<b>EXTRAOCULAR MUSCLES</b>	_____	_____
<b>VISUAL FIELDS (Confrontation)</b>	_____	_____
<b>TONOMETRY</b>	_____	_____

**EXPLAIN ABNORMAL FINDINGS** \_\_\_\_\_

**DIAGNOSIS** \_\_\_\_\_

<p>I hereby certify that I have examined _____ (Please print contestant's name)</p> <p>Date of the exam: _____ , _____ Month Day Year</p> <p><b>I HAVE APPROVED THIS PERSON TO PARTICIPATE IN A COMBATIVE SPORTS EVENT.</b></p> <p>Ophthalmologist or Optometrist NAME _____ (Please print)</p> <p>LICENSE # _____ (Must be licensed in a State, District or Territory of the United States)</p> <p>ADDRESS _____ CITY _____</p> <p>STATE _____ ZIP _____ PHONE NUMBER _____</p> <p>OPHTHAMOLOGIST or OPTOMETRIST SIGNATURE _____ DATE _____</p> <p>CONTESTANT SIGNATURE _____ DATE _____</p>
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